



THE FLYER

Salisbury University's student voice

VOLUME 49, ISSUE 5

SALISBURY, TUESDAY, NOVEMBER 8, 2016

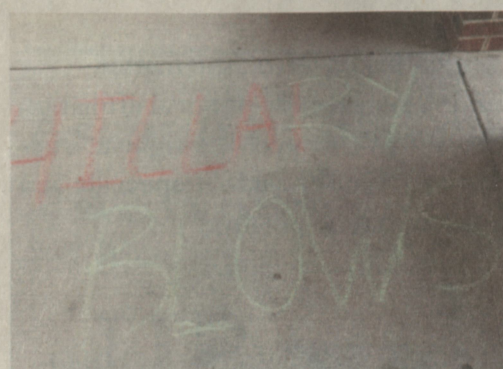
FREE



Recapping #TheChalkening

by RISHON SEABORN

News Editor



Kaydee Jones photos

Campus was decorated with passionate political chalkings all over Salisbury University last Tuesday on Nov. 1.

The present election has inspired students to become outwardly comfortable with expressing their beliefs and support of political candidates.

On Nov. 1 there were chalked endorsements for the presidential candidate Donald Trump. Multiple sayings such as "Trump/ Pence," "#Buildthewall" and "#Hillaryforprison" were written throughout various parts of campus.

One particular chalking that stood out the most to students was a chalking

written next to the Sammy the Sea Gull statue in the Henson angle that read "Sammy votes Republican."

There was a Twitter account under the name Old Row that encouraged this chalking event across many college campuses nationwide. The hashtag #TheChalkening was associated with this increased movement as other college students posted photos of their chalkings.

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Salisbury University image

Fifth annual Native American Heritage Month at SU

By CAITLIN BURKE

Staff Writer

Salisbury University is participating in its fifth annual Native American Heritage Month.

SU graduate and program director Celine Carayon, Ph.D. recently gave a lecture on "Pipelines, Mascots and Recognition: The Internationalization of Indigenous Rights Movements."

Native American Heritage Month takes place in November and was originally implemented in 1990 by President George H. W. Bush.

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Assaults raise campus security concerns

By SAWYER CORNELIUS

Staff Writer

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SGA constitution changes are placed on hold

By NATHAN VALDES

Staff Writer

Proposed changes to the current Student Government Association (SGA) constitution could not grasp the two thirds majority vote needed from the forum members in order to pass the notion on Oct. 30.

Some of the issues brought up were about the changing of vice president positions from elected offices to be appointed via an application process.

Throughout the forum two senators came to present opposing viewpoints concerning the debate between vice presidents by election or directors by appointment.

Another major proposal was the addition of a judicial branch. The reasoning behind the judicial branch is to create more checks and



Salisbury University image

Mobile app secures campus

By SAWYER CORNELIUS

Staff Writer

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CHALKINGS

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Throughout the day there was an unofficial gathering of students who took some initiative into their own hands. They decided to express their own opinions by washing away the sayings that were taken in offense.

Social media was filled with an uproar as students posted various comments on the offense that they felt from the recent events.

Sometime throughout the day an email was sent out to the student body from the Vice President of Student Affairs Dane Foust.

The email emphasized that SU has not taken a political stance within this election and that although as a university they are not governing freedom of speech, everyone should be mindful of expressing one's opinion in an offensive or threatening manner.

It was also stated that the university will only be partaking in the washing away of a chalking if it is conducted inappropriately or if it is in violation of the chalking policy. The email concluded with a link that led to the policy.

In response to the pro-Trump chalking, students were greeted with new chalking Wednesday morning. A few read "Love Trumps Hate," "Stronger Together" and "Sammy represents us all."

The high emotions expressed throughout the week led to support of specific political points being prominently put on display as well as anger in response to doing so.

Maryland Federation of College Republicans Chairman Patty Miller stated that the original action of chalking on campus was not affiliated with the SU College Republicans.

"The people who wrote this are obviously conservatives or Trump supporters so in a sense it does involve us but it wasn't necessarily anything that [SU College Republicans] organized or did," Miller said. "We were just sucked into it because people just

automatically assumed that the Trump people were us."

Miller explained the recent hypocrisy of supporting freedom of speech only if it agrees with one's opinion.

"It's difficult not to offend anyone but at the same time it is a representation of freedom of speech for all aspects," Miller said. "I believe in freedom of speech even if I don't agree with a specific opinion, so then the issue is when people protest a certain opinion that they aren't supporting freedom of speech."

SU College Republicans member Mary Foley shared her initial reaction.

"At first I was curious to who did this and why they did this but when I saw the other students erasing it I was a little bit concerned," Foley said. "While I don't agree with either chalkings, I still agree with their right to say that."

Foley shared that she sent an email to Student Affairs to ask what their official stance is on the erasing of the chalking. She is awaiting a reply from them.

"According to the policy, it isn't acceptable to erase another student's chalking, so I was wondering why nothing was done about it," Foley said. "In addition, I'm extremely curious as to why there wasn't anything done about the new [Pro-Hillary] chalking—no one went out to erase that."

Foley pointed out the discrepancy between the reactions of how each chalking was perceived.

"I think both things were inappropriate and unproductive but I support the right to say it," Foley said.

SU College Democrats Co-President Lindsey Hall explained the depth of her understanding of the matter.

"I wasn't originally upset about the chalking because I thought it was just a Vote Trump 2016, I didn't learn about the other offensive sayings until later," Hall said. "If you want that person as your presidential candidate then I am for it, I'm not going to oppress anyone's voice just because of their political opinions."

Hall explained that some of the sayings that

ern Shore get little exposure to Native cultures.

"It's ironic because there are still several active tribes right here at our doorstep in Crisfield and Millsboro, Delaware," Carayon said. "They have a very interesting history that is part of the making of America."

Carayon says these lectures and presentations positively impact the SU community and students on the knowledge and power Native Americans bring to our culture.

"It is part of the SU mission, and a very important priority for the history department, to promote sensitivity to cultural diversity on our campus," Carayon said. "Native Americans, like other minorities in the United States today, are facing tremendous issues [poverty, unemployment, crime, police violence, racism], but are largely invisible to most of the public."

The message of this lecture holds power, strength and the ability to present a new perspective to the community.

"We think that bringing attention to their rich pasts, their tremendous cultural richness and contributions to America is enough," Carayon said. "But the inspirational resilience of their peoples can also invite people to recognize the cost of colonialism."

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were chalked clearly targeted specific audiences.

"When I went to campus and saw the backlash from the campus community, it definitely was pretty shocking," Hall said. "I think it was distasteful for people to go around saying things like 'build a wall' because obviously that's offensive to certain people. It just shouldn't be written."

The chalking near Sammy became a hot button topic for most students.

"The one that really bothered me was Sammy is a republican—it isn't really fair," Hall said.

SU College Democrats Co-President Ellie Brookbank shared the views of the club.

"We as a club acknowledged that the pro-Trump chalkings happened and I just felt like we needed a response to this," Brookbank said. "As an executive board we talked about it and we all agreed that we didn't want to keep the hate going, but we wanted to spread a positive message to show the campus that not everyone agrees with this divisive language."

She was surprised that there was already a shared mentality for unity that came out as result of these events.

"Our response wasn't so much to show that there's a Hillary presence on campus but rather to focus on a positive message—the focus was really on unity," Brookbank said. "The cool part about it was that by the time we went out, there were already a few other positive messages written."

SU senior Duke Causey shared his belief of the matter.

"These chalk sayings shouldn't suggest any political affiliation for the university as a whole. While I respect the right to support, there isn't need for slander," Causey said. "Especially at a public university. The support should be positive."

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HOLD

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balances for the SGA and to give the student body a way of contesting any decision made by the SGA.

Senator Alex Aiosa stated that the reason for proposing that a judicial branch be created is from student feedback in the past.

"We all felt that the SGA needed a way to check itself," Aiosa said. "We've listened to student feedback in the past, and some students have felt that the SGA has too much free reign and there is no one to really curb what they do."

As for the vice president positions, they are currently elected positions that allows anyone who wants to be in that position to campaign during election season.

When asked about the debate between elected positions and appointed, Senator Jake Fisher represented the side of election during the forum.

"These positions make important decisions and those decisions affect the student body," Fisher said. "That es-

entially is their voice and students should get to choose who makes those decisions, who has those events, who makes those changes and [students] express their opinions through a vote. That's kind of the basis on the opinion there. That the students' voices may be restricted by having the body itself pick the position."

Senator Alex Aiosa presented on the side of appointment rather than election at the SGA forum. He made the point that students have a hard time getting up in front of people and defending their positions on certain issues, yet these same students do have good ideas and could potentially do well in SGA.

"It's not easy to stand up in front of a lot of people and talk. It's intimidating, frightening, but these students still have a lot of very good ideas," Aiosa said.

He also made the point that there is a severe lack of participation in SGA affairs from the students here on campus.

"Students don't really get out voting...the student population doesn't really run for any office and we only have a four percent voter turnout across the student body, which is kind of upsetting, but it is something we are working on to fix," Aiosa said.

SGA Parliamentarian Garrett Gordy shared that change to the constitution is necessary.

"It was time for change," Gordy said. "We require that [Registered Student Organizations and Registered Club Organizations] change or review their constitutions every five years, so we are just following the same policy."

As time passes, new changes are considered to accommodate the needs

of students.

"It was time for an update with our current system. We are a growing university," Gordy said.

These proposed changes will be reintroduced in the next forum on Nov. 20 and it is yet to be seen whether they will get the two-thirds majority vote needed to pass the amendments.

Change is waiting in the wings but the fate of these amendments is left to the students who attend at the next forum.



salisburyga.com image

Assaults raise campus security concerns

By SAWYER CORNELIUS

Staff Writer

Outlying neighborhoods surrounding the SU campus have experienced incidents of assault and are leading to cries for stricter campus security and safety.

In the months of October and September alone, there were three reported incidents of assault with two leading to arrests.

The first incident occurred on Sept. 25 at approximately 1:15 a.m. in the nearby neighborhood of Cedar Crossing. According to Salisbury City Police a large group of civilians surrounded a student's car, pulled him out and repeatedly assaulted him until authorities were notified.

The other two assaults took place in the early morning hours of Oct. 2 near Bateman Street, an area of heavy pedestrian student traffic to and from campus. The incidents, one sexual in nature, both resulted in arrests with assistance provided by University Police and the Salisbury Police Department.

Salisbury University President Janet

Dudley-Eshbach released a statement following the matters.

"Salisbury Mayor Jake Day and I are in continuing conversation to explore measures to address crime in our community," Eshbach said. "My administration is also working closely with law enforcement, the business community and the State's Attorney Office to confront these pressing issues."

Off-campus resident Megan Miller voiced her concerns regarding the recent events.

"I'm definitely concerned about how often sexual assaults happen on college campuses," Miller said. "I know Salisbury is extremely persistent in educating its campus community on safety...I am sure SU Police as well as city officials treat each case with the diligence and delicacy that the victim deserves."

Shortly following the events, SU

Student Affairs officials announced via email to students and faculty their concerns and actions in resolving the safety hazards. They emphasized the opportunity for victims to take full advantage of the university's numerous health and safety services.

"Salisbury University is concerned about the assaults that happened on or near campus over the past two weekends...SU Police are continuing to collaborate with local law enforcement agencies to address the situation," the email said.

SU Student Government Association Vice President of External Affairs Frank Condori shared updates of ongoing precautions and security improvements.

"We have partnered with university police in bringing to service the 911 Shield app that will greatly increase student security on and near campus," Condori said. "We are looking at other institutions and what they do

to better the safety of student and faculty on campus."

Both the Salisbury Police Department and University Police have stepped up patrols in area parking lots and streets while increasing analysis efforts of security surveillance cameras.

If a student or faculty member finds that they are in a potentially dangerous situation, or that they are a victim of an assault, they are encouraged to immediately contact local authorities and to make use of the SU Counseling Center if needed.

Students are still reminded to pay attention to information that is sent out regularly by SU Police. They are advised not to walk alone after hours and are encouraged to take advantage of the campus escort service, especially while under the influence of alcohol.

Be aware at all times of the important steps that can be taken to preserve your own safety.

New mobile app brings new dimension to campus security

By SAWYER CORNELIUS

Staff Writer

Salisbury University and local law enforcement partner with 911 Cellular in the operating of a new emergency app, 911 Shield.

Although in the works for many months, recent and documented assaults over the past several weeks involving SU students have brought the app's timely launch, in addition to safety measures still to come.

The free smartphone app introduced in October connects students and faculty to local emergency centers.

Once 911 Shield is installed, it can detect an individual's location if they are found within the boundaries of the SU campus. It is then shared in order to provide greater efficiency in locating and solving a safety issue if one were to arise.

If the app is opened during an emergency situation the user simply needs to press, "Get Help." If no further action

is taken after five seconds, assistance is automatically summoned and collected app information is forwarded to recognized first responders.

SU Student Government Association President Julia Howell shared her thoughts regarding the progress in campus safety.

"We're excited about this new app," Howell said. "I think it's a great measure of security that even if there isn't a problem, it's a feeling of comfort that students can have stepping onto campus, especially freshmen who are new to college life in general."

The app also includes several other features, including quick access to Salisbury University's crime beat police report, shuttle service and Saferide information at any given moment. In addition, users

can create a profile with health and other personal information to be shared with the nearest emergency center if a call is engaged.

Friend Watch is one of the most attractive features of the app. It enables a peer-to-peer safety check that allows users to set a designated group loaded with customizable notifications if one or more users fail to check in after a predetermined length of time.

Sophomore Megan Miller commended SU for their diligence in assuring strict campus security and safety.

"Not only does [the app] have all of the benefits of tracking and alerting authorities, but it can potentially cut down on the amount of assaults over time," Miller said. "If an attacker knows students are equipped with the app, they are less likely to commit an unlawful act due to greater risk of

arrest."

Salisbury University Police strongly urge the campus community to download the app in order to increase safety efficiency and provide greater information to reduce future threats.

This is not meant to replace standard 9-1-1 procedures. When an emergency or life-saving matter evolves, students are still asked to dial 9-1-1.

SU police officer Chris Shockley commented on the advantages of the app in an interview with local media.

"When they call into us, we get a lot more personal information that you normally wouldn't have on a 9-1-1 call," Shockley said. "We get the caller's name and how they registered. You'll get their personal information and location here on campus."

The 9-1-1 Shield app is available for download on the Apple App Store and Google Play marketplace.

THE FLYER EDITORIAL

The Flyer

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The Flyer is published bi-weekly, during the regular school year, and is printed by Delaware Printing Company in Dover, Delaware. A total of 1,500 copies are distributed.

One (1) copy of the The Flyer per person is free at newsstands in and around Salisbury University. Additional copies may be purchased for \$.25 each.

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What Hulu can learn from Netflix

By LUKE WATHEN
Staff Writer

It seems that more and more people are cutting the cord with their cable providers in favor of using online streaming services. People are flocking to services such as Netflix, Amazon Prime and Hulu Plus while the days of simple cable subscriptions are slowly fading away.

This change in how viewers experience television comes with change in content production. On network television, viewers have become used to seeing new episodes of their favorite series on a single episode basis. Many shows premiere one episode a week during the season but there are naturally exceptions—soap operas and game-shows have been known to have a new episode every day.

Streaming media, on the other hand, foregoes this notion of single episode premieres in favor of releasing entire seasons at a time. Netflix has made this an industry staple, releasing anywhere from eight to 10 episodes of their original content at a time. Amazon Prime has also followed suit, releasing seasons of shows such as “Transparent” and “Hand of God” in their entirety.

This has led to a complete change in how viewers experience their favorite shows. While some were previously content with enjoying single episodes spread out over the span of a few weeks, viewers now pre-

fer to watch an entire season within a much shorter span of time, a practice which many have dubbed “binging.”

Despite this new method of releasing content which has proven quite popular, Hulu Plus remains a notable holdout in adopting the full season release. Earlier this year, Hulu Plus released an eight-episode adaptation of the Stephen King book “11/22/63.” While reviewers praised the show itself, many were aggravated with how the series was released. Each of the eight episodes were released a week apart from one another.

While this may seem like a minor grievance, it speaks to Hulu Plus's need to adapt to modern tastes. With the advent of binge culture, viewers want instant indulgence. Rather than wait for a resolution to the conflict they are invested in, they want it within hours of watching the first episode. In essence, viewers see television shows as movies, preferring to watch all of the content in one sitting rather than wait for its conclusion.

The streaming market is still in a somewhat fledgling state and Hulu Plus may still be able to unseat the mighty Netflix from its thrown of popularity. However, the only way they will be able to do that is by embracing the model of full season releases.

AT&T-Time Warner merger will limit media perspectives

By RILEY FANNING
Staff Writer

The consumption of media in America is about to radically shift. The massive telecommunications company AT&T has agreed to buy the equally massive company Time Warner Cable for around \$85 billion. The reach of both corporations is broad and, if the merger is approved, could result in an entirely new landscape for media.

While the deal has not officially gone through, there has already been intense scrutiny and criticism surrounding it. Both presidential nominees have expressed wariness of the deal, with Trump stating that his administration would not approve the deal as it would be “too much concentration of power in the hands of too few.” Clinton commented, “If I am fortunate enough to be president, I will expect the government to conduct a very thorough analysis before making a decision.”

The merge would combine the power and reach of AT&T, one of the nation's largest phone and internet providers, with Time Warner and its substantial assets such as HBO, TNT, Adult Swim, CNN and more. If passed, this would be one of the biggest media merges of all time.

The deal has garnered much attention for fear of how it would severely narrow the pool of those wielding power in the media. There should most definitely be scrutiny on large deals such as this one, because giving so much power to one corporation could be exceedingly restrictive.

Competition in business is important. Different perspectives are important. When one massive corporation controls many media outlets, the result is an extremely limited point of view.

Mainstream media has almost unwavering control over what the public consumes and has access to, not to mention a direct connection into your homes through your televisions, laptops and phones. Our society is heavily saturated with media, and to have that entire scope of influence whittled down into a select group deciding what everyone gets to see would put the world in a precarious position.

This merger also limits the public by further removing their choice in provider—they would instead be handed one colossal corporation controlling both internet and content. Moreover, there is potential monetary risk for Americans who

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MERGER

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consume Time Warner assets such as HBO through other providers. AT&T could easily increase the cost of said assets, so that the pricing would go up for all people who are not using AT&T as their provider.

People in general will most likely not benefit from this deal, and in actuality will probably end up paying steeper prices. The only ones gaining anything at

all are the money-hungry corporations themselves. With so many potential consequences, this merger should be closely monitored as, if passed, the effect on American media could be extensive.

EXCEEDS

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momentum to evoke anger and instill a growing need for reform against crony capitalism, then reverts to a more collected persona on Instagram.

Donald's Instagram posts are not as professional as his opponent's, yet they focus on representing his character by showing a decrease in the Hillary remarks and more content about himself. In fact, the posts often showcase members of the Trump family or his many enthused supporters at rallies.

This can be effective, for his posts provide an honest glimpse into the daily life on the campaign trail or with his loved ones, making him appear more relatable.

Hillary maintains a polished account on Instagram with high quality photos uploaded on a daily basis, drawing credibility from volunteer contributions and prominent figures like Barack and Michelle Obama as well as an endorsement by Vogue. This combination of powerful supporters is influential in shaping public opinion.

Both candidates share similar follower numbers here, with Trump garnering 2.7 million and Hillary close behind at 2.6. Hillary performs better on this platform as she displays organized, meaningful content expected from a politician.

YouTube is another important channel in the media. Donald Trump's page provides clips from all three presidential debates, but that is the extent of it. Meanwhile, Hillary makes better use of this widely used platform with a variety of content uploaded daily, including commercials, interviews with various citizens and quick questions with the candidate herself.

Most notable of all is her commercial titled “Mirrors,” which shows several girls standing before a mirror while sexist Trump rhetoric is voiced in the background, as if they are listening to these words. It is a moving piece of persuasion that achieves exactly what it wanted, appealing to women and feminists alike while instilling contempt for Trump.

The combination of these influential videos as well as the transparency conveyed by Hillary is why she has once again outperformed her opponent in another domain.

Both Trump and Hillary successfully utilize Facebook, where they send information about the campaign trail, encourage voter support, and share articles that bash the other.

In response to the recent name-calling, Hillary used the hashtag, #nastywoman in her campaign's profile picture. Many ran with the term as well, including Katy Perry among others who donned shirts reading “Nasty Woman” during a rally. In doing so, they identified themselves with Hillary, showing support for the candidate while alluding to a man bearing little respect for women.

Overall, Hillary reigns superior in her performance on social media, where persuasion, influence, and quality are factors for success. Hillary's views are consistent across all platforms and they communicate experience and status, unlike the mixed array of messages by Trump.

The position for presidency necessitates professionalism and reliability, and that is something Hillary continues to present to the online population to her benefit.

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Salisbury UNIVERSITY

THE FLYER

GULL LIFE



Kim Moseman photo

Fall means flu shots

By KIM MOSEMAN
Staff Writer

As the temperature drops and darkness falls upon the campus at an earlier time, we know that fall is already in full swing. But this may not be good news for SU students prone to illness.

It is officially cold and flu season, which means you will find more students blowing their noses or coughing up a lung in the middle of your classes—and that is just the students who still attend class. Many Sea Gulls will be found holed up in their rooms, too sick to move.

But what if there was a way to ensure that you were not caught up in this cold and flu season? Most professionals would suggest the flu shot. But there is a lot of stigma against this vaccine.

Many students worry the cost of the flu shot will break the bank. Clayton Levy, a sophomore, feels the benefits of the flu shot do not outweigh the cost.

“It isn’t cost efficient enough to warrant spending the money for it every year,” Levy said.

But what most students do not realize about the flu shot is that just about 99 percent of insurances cover the cost of a flu shot, mainly because it is cheaper to pay for a flu shot than for medication and care for if you become ill from the flu.

Most medical professionals find the number one reason that students do not get

a flu shot is because they fear it will get them sick. But the flu shot is just an inactive protein that actually takes at least two weeks to become effective.

“You need a new one every year because the flu changes strains faster than the vaccines,” Levy said. “If I’m getting a flu shot to not get the flu, but the flu shot gives me the flu for the next few days, doesn’t that defeat the purpose?”

Trish Grady, nurse practitioner at Minute Clinic says she has barely given any flu shots to SU students.

“They think they’re going to get sick when that is not true,” Grady said. “They get sick because it’s cold and flu season and they’ve been exposed to a virus around the same time they got the shot.”

There is a large number of students who have never gotten a flu shot.

“I don’t have anything against them, I’ve just never gotten one and only gotten the flu

once,” junior Alex Hawkins said. “It was a strain that the vaccine that year didn’t even prevent.”

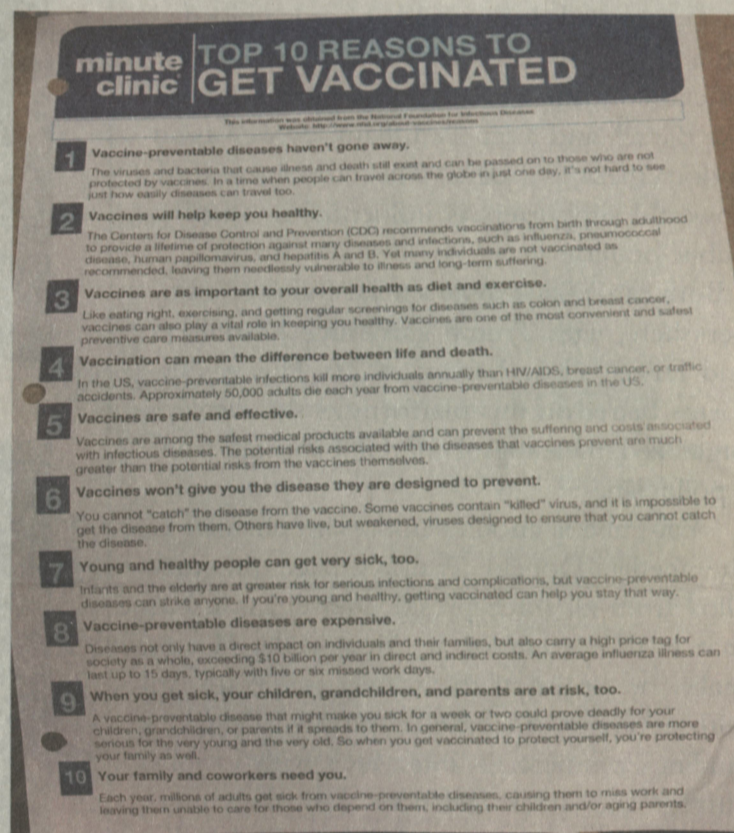
But there is definitely a large amount of people who are much better off with a flu shot.

“Children, people with a history of asthma, people with diabetes and the elderly are really the people who should be getting flu shots,” Grady said. “But with all the germs and viruses on a college campus, I think all college students should get one too.”

Allison Shaner, a junior, had just gotten her first flu shot this year as it is a requirement for her nursing program.

She said she had a wonderful experience getting a quick and painless flu shot at the Minute Clinic at CVS. She is relieved she will not be getting the flu this year.

“It takes you out of class, out of work and you can get others sick,” Shaner said. “The flu is preventable so if a simple shot helps prevent all of that, then it’s worth it.”



Kim Moseman photo

College students and cold sores

By EMILY DEPASSE
Alumni

Three Mondays ago, the click-clacking of my nude pumps echoed throughout Maggs Gym. I returned to campus as a guest speaker in a health course focused on chronic and communicable diseases. I have presented myself and my story in front of friends, family members and in middle school sexuality classes, but never to students in a college setting. I was unsure of how they would respond. Upon receiving some negative remarks from extended family members a few days prior, this speech became increasingly significant to me on a personal level. Needless to say, I was nervous.

College is often seen as a time of independence and exploration of self—including one’s sexual identity. The average American loses his or her virginity around age 17, but herpes exposure often happens much sooner than that. You can contract herpes from a kiss from a family member as a child. It is estimated that 67 percent of the world population carries HSV-1, the strain of herpes that is most likely to cause cold sores. Over the last several years, there has been an increase in oral-to-genital transmission of the herpes virus. When engaging in oral sex, one’s cold sores can potentially cause a genital presentation of HSV-1. While this strain typically prefers to take residence in the mouth, it sometimes decides to nest in the south. When we are in the heat of the moment with someone at a house party, in our dorm room or at Brew, we kiss. A lot. How many of those who have cold sores feel a need to disclose to their partners? How many of those with cold sores even know and identify that they have a strain of the herpes virus? Or that they may transmit that virus to their partners during oral sex, even if an outbreak is not present?

“Cold sore” provides a safety net. It helps fulfill society’s need to conceal the “dirtiness” of the herpes virus. The terms are interchangeable, but we choose to keep and maintain a distance between them. Unfortunately, the linguistic difference between cold sores and herpes also prevents disclosure from happening, which is likely a reason for the increase in oral-to-genital HSV-1 transmission.

The reality is that we all will come into contact with the herpes virus at some point during our lives. My goal in highlighting this is not to instill fear, but to reach a level of awareness and education. I believe that one potential way to remove the shameful stigma of herpes is for those who have experienced a cold sore to talk about it. Start the conversation with yourself by replacing “cold sore” with herpes just to see how it feels. A word should not make anyone inferior, but words are powerful and so are the stigmas attached to them. How did it make you feel? Although it is easier to discuss sexuality in this time, our language reveals there is still a long road ahead of us.

After finishing my lecture at Salisbury, I was shocked at one of the responses I received. A young man approached me afterward and thanked me. He shared that my presentation caused him to critically think and reevaluate how he viewed sexually transmitted diseases and infections. A smile grew across my face. As I exited the gym with my Rise Up cappuccino in hand, I strutted toward the new Academic Commons with tears in the corners of my eyes. Most of my interaction is virtual, so to be in the presence of critical thought, to see the effect of sharing my vulnerability, is not something I experience every day. This is the magic in sharing your story.